

Representative ^1H Chemical Shifts

Characteristic Proton Chemical Shifts		
<u>Type of Proton</u>	<u>Chemical shift</u>	<u>in ppm (δ)</u>
Primary Alkyl	RCH_3	0.8-1.2
Secondary Alkyl	R_2CH_2	1.2-1.5
Tertiary Alkyl	R_3CH	1.4-1.8
Vinylic (Alkene)	$\text{R}_2\text{C}=\text{CH}-$	4.5-6.5
Acetylenic (Alkyne)	$\text{C}\equiv\text{C}-\text{H}$	2.5-3.1
Aromatic	$\text{Ar}-\text{H}$	6.0-8.5
Benzylic	$\text{Ar}-\text{C}-\text{H}$	2.2-2.5
Allylic	$\text{C}=\text{C}-\text{CH}$	1.6-1.9
Alkyl Chloride	$\text{HC}-\text{Cl}$	3.6-3.8
Alkyl Bromide	$\text{HC}-\text{Br}$	3.4-3.6
Alpha to Alcohol	$\text{HC}-\text{OH}$	3.3-4
Ether	$\text{HC}-\text{OR}$	3.3-3.9
Ester (Alcohol side)	$\text{RC}(\text{O})\text{O}-\text{CH}$	3.7-4.1
Alpha to Carbonyl	$\text{HC}-\text{C}=\text{O}$	2-2.7
Aldehyde	$\text{RC}(\text{O})\text{H}$	9.5-10.5
Alcohol Hydroxyl	ROH	0.5-6.0*
Phenolic	ArOH	4.5-7.7*
Amino	RNH_2	1.0-5.0*
Carboxylic acid	$\text{RC}(\text{O})\text{OH}$	10-13*

* = proton exchanges with D_2O